

MT. PLEASANT CITY RECREATION

JR. JAZZ BASKETBALL 1ST - 2ND GRADE

BASIC RULES & FUNDAMENTALS

WE WILL MEET AT THE OLD HIGH SCHOOL GYM

SCHEDULE

Mon. Jan. 4, 2016

6:30 Dribbling (Both hands)
7:00 Games

Mon. Jan 25, 2016

6:30 Lay-ups (Both sides)
7:00 Games

Mon. Feb. 8, 2016

6:30 Rebounds
7:00 Games

Mon. Jan. 11, 2016

6:30 Passing
7:00 Games

Mon. Feb. 1, 2016

6:30 Free Throws
7:00 Games

Mon. Feb. 15, 2016

6:30 Defense
7:00 Games

• MONDAY NIGHTS

This league will consist of a 30 minute fundamental workshop for each scheduled day and then we will divide up to play a basketball game to practice the skills they have learned.

NOTE: All players must bring a clean pair of shoes to change into before they will be able to participate.