

MT. PLEASANT CITY RECREATION

JR. JAZZ BASKETBALL 1ST - 2ND GRADE

BASIC RULES & FUNDAMENTALS

WE WILL MEET AT THE OLD HIGH SCHOOL GYM

SCHEDULE

Mon. Jan. 11, 2010

5:30 Dribbling (Both hands)

6:00 Games

Mon. Jan 25, 2010

5:30 Lay-ups (Both sides)

6:00 Games

Mon. Feb. 9, 2010

5:30 Rebounds

6:00 Games

Mon. Feb. 22, 2010

5:30 Lay-ups

Dribbling

Free Throws

Rebounds

Defense

Passing

6:00 Games

Mon. Jan. 18, 2010

5:30 Passing

6:00 Games

Mon. Feb. 1, 2010

5:30 Free Throws

6:00 Games

Mon. Feb. 15, 2010

5:30 Defense

6:00 Games

• **MONDAY NIGHTS**

This league will consist of a 30 minute fundamental workshop for each scheduled day and then we will divide up to play a basketball game to practice the skills they have learned.

NOTE: All players must bring a clean pair of shoes to change into before they will be able to participate.

Each Jr. Jazz participant will be admitted **free**, with paying adult, to any Snow College Basketball game. (Jr. Jazz participant must be wearing their Jr. Jazz jersey). Snow College Basketball schedule on the reverse side of the schedule.